

NOTES

We Can Help You:

- ◆ Access resources you need to make informed choices and live independently in your community
- ◆ Make the connections to those resources
- ◆ By offering options to people considering nursing home placement
- ◆ Become more involved through various volunteer opportunities
- ◆ Develop a healthier lifestyle



Call your local ServiceLink office or
ServiceLink Resource Center:

1 (866) 634-9412 (toll free)
or
www.servicelink.org

ServiceLink Resource Centers are funded in part by the New Hampshire Department of Health and Human Services, Bureau of Elderly and Adult Services.



1 (866) 634-9412 (toll free)



*Your Link To
Information And
Support Services
Within Your
Community*

Do You Have Questions?

Do you have a family member who needs some help?

Do you need more services to stay at home?



Do you need help taking care of your elderly parents?

Have you made phone calls looking for local services, but still haven't received answers?

Are you feeling depressed, isolated, and unable to cope?

Are you looking for answers about alternatives to a nursing home?

Do you understand Medicare and supplemental insurance benefits?

How ServiceLink Resource Centers help

Your call will be answered by one of our professional staff. They will provide you with the most up-to-date and unbiased information about resources available where you live.

We can help you find connections to available services, such as:

- ◆ Prescription Assistance
- ◆ Healthcare Benefits
- ◆ Mental Health Services
- ◆ Housing Options
- ◆ Chore Services
- ◆ Home Delivered Meals
- ◆ Financial/Retirement Planning
- ◆ Available Transportation
- ◆ Caregiver Supports
- ◆ Disability Services
- ◆ Community Involvement opportunities
- ◆ Counseling about alternatives to nursing homes
- ◆ Nursing assessment for medical needs
- ◆ Caregiver and Family Supports
- ◆ And many more

Anyone can use the ServiceLink Resource Center

There is never a fee or eligibility requirement.

One call is all it takes. Staff is available during normal business hours Monday to Friday. After hours appointments are available as needed.

Call Toll-free

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***Interested in
volunteering in your
community?***

Call for information.